SEC Form 4	
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FORM 4

Check this box if no longer subject to Section 16. Form 4 or Form 5

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL OMB Number: 3235-0287 Estimated average burden hours per response: 0.5

(Instr. 4)

D

obligations may Instruction 1(b).	continue. See			it to Section 16(a) c tion 30(h) of the Inv		es Exchange Act of 1934		0.5			
	Name and Address of Reporting Person [*] Chen Herald Y		2. Issuer	Name and Ticker	or Trading Sy	mbol		tionship of Reportir all applicable) Director	porting Person(s) to Issuer 10% Owner		
(Last) 343 STATE STR	(First) REET	(Middle)	3. Date 0 01/03/2	of Earliest Transact	ion (Month/Da	y/Year)		Officer (give title below)	Other below	(specify)	
(Street) ROCHESTER	NY	14650	4. If Ame	endment, Date of O	riginal Filed (I	/onth/Day/Year)	6. Indiv Line) X				
(City)	(State)	(Zip)						,		0	
		Table I - No	n-Derivative S	ecurities Acqu	uired, Disp	osed of, or Benefic	ially C)wned			
Date			2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) Disposed Of (D) (Instr. 3, 4		5. Amount of Securities Beneficially Owned Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership	

Common Stock

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)															
1. Title of Derivative Security (Instr. 3) 2. Conversio or Exercise Price of Derivative Security			3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		(Instr. 4)		
Option (right to buy) ⁽¹⁾	\$4.52							(2)	12/06/2016	Common Stock	18,180		18,180	D	
Phantom Stock Units	(3)	01/03/2011		A		6,205.67 ⁽⁴⁾		(5)	(5)	Common Stock	6,205.67	\$0	6,205.67	D	

v

Amount

Code

Explanation of Responses:

1. Stock option granted under the 2005 Omnibus Long-Term Compensaton Plan.

2. These options vest one year after date of grant.

3. These units convert on a one-to-one basis

4. Grant of shares in partial payment of annual retainer.

5. This date is not applicable to these units.

Remarks:

Patrick M. Sheller, as attorneyin-fact for Herald Chen

01/05/2011

** Signature of Reporting Person

Date

Reported Transaction(s)

(Instr. 3 and 4)

16,670

(A) or (D)

Price

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.